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## Medicine and Mythology

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1. Zeus struck this figure down for resurrecting the dead, an early mythological parallel to modern debates on limits of life-saving interventions. Who is this figure from ancient Greek mythology?
2. Although Homer in his Iliad emphasizes this character's unmatched physical power, yet myth encoded a catastrophic vulnerability. Which anatomical structure named after this Homeric hero represents the largest and most injury-prone tendon in athletes?
3. Unlike others, this centaur practiced medicine, surgery, and athletic conditioning for elite heroes. Can you name this centaur who represents the integration of physical training, trauma care, and rehabilitative medicine?
4. In the Iliad, This Greek God inflicts plague before later guiding healing, mirroring inflammatory and reparative phases. Can you name this god who embodied the dual role of causing epidemics and restoring physical health, paralleling injury and recovery cycles?
5. Pausanias records trainers and healers stationed at Olympia for fracture, dislocation, and exhaustion care during this Panhellenic sporting event. Can you name the event?
6. Galen described this sport as producing frequent fractures, joint injuries, and concussions. Which brutal athletic discipline, most closely resembled modern mixed martial arts and demanded advanced injury management, was he talking about?
7. Daughter of Asclepius; which Greek goddess emphasized cleanliness, diet, and balance, key principles of preventive medicine and public health rather than curative treatment?
8. A Vedic–Puranic myth has the following story. An ancient sage (rishi), son of Bhrigu, became extremely aged, frail, blind, and immobile due to prolonged austerities (tapas). The divine twin physicians, the Ashwini Kumaras, encountered this sage in this debilitated state. They performed a Rasayana therapy, restoring his youth, strength, vision and sexual vitality using a special mix, which has evolved into a very popular ayurvedic formulation these days. Named after the sage, can you identify this rejuvenation formulation.
9. Which healing sanctuary in ancient Greece combined athletic training, sleep therapy, and dream-based diagnosis?
10. This influential 2nd-century Greco-Roman physician warned that excessive athletic stress led to premature aging and chronic injury, an early overuse model. Do you know his name?



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10. Galen

9. The Asclepion

8. Chyavanprash after Rishi Chyavan

7. Hygiea

6. Pankration

5. The Ancient Olympic Games

4. Apollo

3. Chiron

2. Achilles, the Achilles tendon

1. Asclepius

**Answers**



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